

Knight Island State Park

North Hero, Vermont

 Scenic vistas	 Wildlife	 Dogs allowed	 Composting privy
 Tables/grills	 Boat access only	 Primitive	 No lifeguard
 User fees/ reservations			



Stay overnight at Knight Island State Park and you may be surprised to hear nothing at all during your stay except the quiet patrols of state park ranger Jim Putnam. “The beauty of the island is that there’s nothing there,” Jim says. Knight Island provides serenity with its protected bays for swimmers, trail system, and primitive camping spots.

Conserved in 1990 by the Lake Champlain Land Trust and the Nature Conservancy, Knight Island was one of a few remaining undeveloped islands on the Lake to be protected before it was developed. The 175-acre nature preserve includes miles of scenic and undeveloped shoreland. The thoughtfully designed lakeshore campsites protect large expanses of interior and shoreline forest including critical natural communities and rare species. The entire 122-acre Woods Island State Park, located just east of Knight Island, was also conserved through the work of the Lake Champlain Land Trust in 1985.



Directions and Park Information

Visiting the Park: Knight Island is a perfect stopover for canoeists and kayakers. The Island is managed by Vermont State Parks. Open between Memorial Day and Labor Day, Knight Island State Park requires a reservation and fee to camp. Kayakers wanting to explore the island during the day can stop at the north end of the island where a shale beach and an interior trail provide great free recreation opportunities. There is no electricity; the southern tip of Knight Island is private.

Knight Island is one of dozens of properties saved by the Lake Champlain Land Trust. Since 1978, the Lake Champlain Land Trust has preserved thousands of acres and miles of shoreline on Lake Champlain. To help us save more irreplaceable natural areas, please donate through our website www.LCLT.org!